



Breathitt County

Family and Individual Development Data

Data provided in this issue of Kentucky: By The Numbers were **compiled to correspond to the issues** covered in the **Family and Individual Development** section of the University of Kentucky

Cooperative Extension Statewide Community Needs Assessment

<https://extension.ca.uky.edu/community-assessment-0>

The statewide needs assessment was conducted to identify and prioritize community needs, issues, and/or opportunities that Extension could address through targeted educational programming and engagement efforts. The survey was divided into 4 areas: 1) Agriculture and Natural Resources, 2) Youth Development, 3) **Family and Individual Development**, and 4) Community and Economic Development.

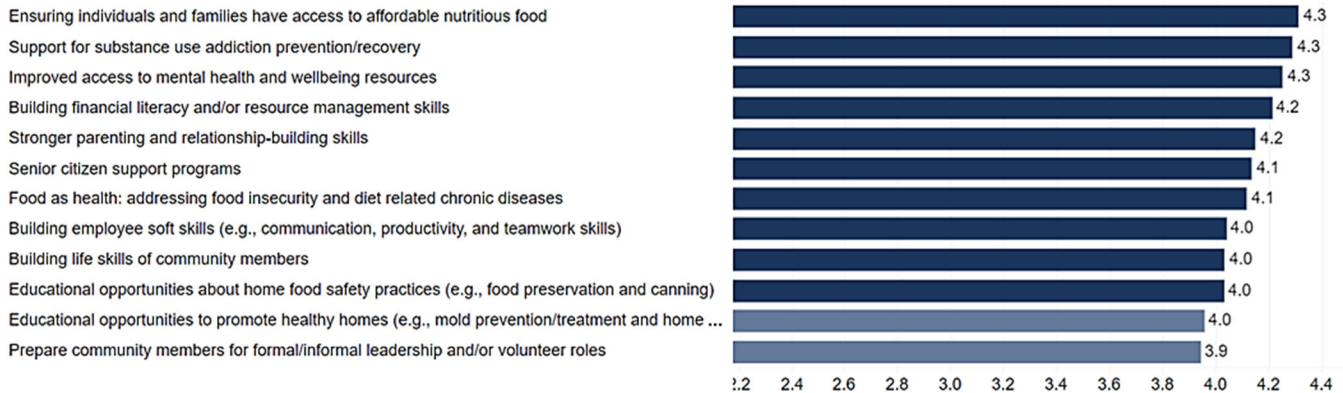
These data have been compiled to assist in using the survey results for local planning. Data from nearly 40 different sources were selected and links to each data source are provided at the end. Secondary data for the other survey sections are available at <https://kybtn.ca.uky.edu/>. To learn more about Cooperative Extension at the University of Kentucky go to: <http://extension.ca.uky.edu/>.

*For questions about the assessment or the survey results, contact: Dr. Lola Adedokun (lola.adedokun@uky.edu)
For additional data or data-related assistance, contact: Dr. Julie N. Zimmerman (jzimm@uky.edu)*

Family and Individual Development Survey Section

State Results, University of Kentucky Cooperative Extension Statewide Community Needs Assessment

In your opinion, to what extent is practical education/assistance in each of the following topics a need in your community?
1 = Not a need, 2 = Low need, 3 = Moderate need, 4 = Very high need, 5 = Very high need



Food Assistance and Access

Food Assistance¹ (July 2022)

| | County |
|-------------------------------------|--------|
| Number of Persons Receiving SNAP | 3,880 |
| Number of Households Receiving SNAP | 1,952 |

Food Access³ (2021)

| | County |
|---|--------|
| Number of Food and Beverage Stores | 5 |
| Number of Grocery Stores | 3 |
| Number of Supermarkets and other Grocery Stores (except convenience stores) | n/a |
| Number of Convenience Stores | n/a |
| Number of Gasoline Stations with Convenience Store | 7 |

Food Insecurity² (2021)

| | County |
|---|--------|
| Overall Food Insecurity Rate | 22.6% |
| Number of Food Insecure Persons Overall | 3,080 |
| Child Food Insecurity Rate | 27.0% |
| Number of Food Insecure Children | 770 |

School Lunch⁴ (2022-2023 academic year)

| | County |
|---|--------|
| Number of Students who are Economically Disadvantaged based upon being Program or Income Eligible for Free or Reduced-priced Meals* | 1,409 |

* = Due to confidentiality, data are undisclosed or county total does not include schools/districts with undisclosed data.

Health

Physical and Mental Health⁵ (age adjusted) (2020)

| | County |
|--|-----------------------|
| Percent of Adults Reporting Fair or Poor Health | 26.3% (22.9% - 30.0%) |
| Average Number of Physically Unhealthy Days Reported in Past 30 Days | 5.4 days (4.9 - 5.9) |
| Percent of Adults Reporting 14 or more Days of Poor Physical Health per Month | 17.2% (15.3% - 19.2%) |
| Average Number of Mentally Unhealthy Days Reported in Past 30 Days | 6.5 days (6.1 - 6.9) |
| Percent of Adults Reporting 14 or more Days of Poor Mental Health per Month | 20.9% (19.2% - 22.6%) |

Leisure-Time Physical Activity⁵ (age adjusted) (2020)

| | County |
|--|-----------------------|
| Percent of Adults Age 18+ Reporting No Leisure-Time Physical Activity | 36.9% (33.0% - 40.6%) |

Physical Activity Access⁵ (2022)

| | County |
|--|--------|
| Percent of Population with Adequate Access to Locations for Physical Activity | 21.8% |

Diabetes and Obesity⁵ (age adjusted) (2020)

| | County |
|---|-----------------------|
| Percent of Adults Ages 20+ Diagnosed with Diabetes | 13.0% (12.1% - 14.0%) |
| Percent of Adults Ages 18+ that Report a Body Mass Index (BMI) Greater than or Equal to 30 kg/m2 | 41.5% (39.5% - 43.6%) |

Population Without Health Insurance⁶ (2021)

| | County |
|--|-----------------|
| <u>Under Age 19</u> without Health Insurance | 97 (+/- 27) |
| <u>Under Age 65</u> without Health Insurance | 750 (+/- 109) |
| Percent under Age 65 without Health Ins. | 6.9% (+/- 1.0%) |
| Females under Age 65 without Health Ins. | 300 (+/- 62) |
| Males under Age 65 without Health Ins. | 450 (+/- 88) |

Medical Care⁵

| | County |
|--|--------|
| Number of Primary Care Physicians (2020) | 7 |
| Number of Mental Health Providers (2022) | 31 |
| Number of Dentists (2021) | 2 |

Substance Abuse

Substance Abuse Disorder Diagnosis⁷

| 3-Year Total (2020-2022) | | 5-Year Total (2018-2022) | |
|---------------------------|--------|---------------------------|--------|
| | County | | County |
| Emergency Dept Visits | 1,466 | Emergency Dept Visits | 2,390 |
| Inpatient Hospitalization | 55 | Inpatient Hospitalization | 140 |

NonFatal Overdose Related Emergency Dept. Visits⁷

| | County |
|---------------------------------|--------|
| 3-Year Total (2020-2022) | |
| <u>Any Drug-Involved</u> | 134 |
| <u>Any Opioid-Involved</u> | 49 |
| 5-Year Total (2018-2022) | |
| <u>Any Drug-Involved</u> | 222 |
| <u>Any Opioid-Involved</u> | 70 |

NonFatal Overdose Related Inpatient Hospitalization⁷

| | County |
|---------------------------------|--------|
| 3-Year Total (2020-2022) | |
| <u>Any Drug-Involved</u> | 66 |
| <u>Any Opioid Drug-Involved</u> | 29 |
| 5-Year Total (2018-2022) | |
| <u>Any Drug-Involved</u> | 91 |
| <u>Any Opioid Drug-Involved</u> | n/a |

Fatal Overdose⁷

| 3-Year Total (2020-2022) | | 5-Year Total (2018-2022) | |
|------------------------------------|--------|------------------------------------|--------|
| | County | | County |
| Any Drug-Involved Fatal Overdose | 24 | Any Drug-Involved Fatal Overdose | n/a |
| Any Opioid-Involved Fatal Overdose | 18 | Any Opioid-Involved Fatal Overdose | 24 |

Financial

Median Income⁸ (2018-2022)

| | County |
|-------------------------------------|------------------------|
| All Households | \$38,209 (+/- \$3,405) |
| Families with Own Children under 18 | \$52,339 (+/- \$7,850) |

Poverty Rate⁹ (2018-2022)

| | County |
|--|------------------|
| All Families Below Poverty | 22.2% (+/- 4.1%) |
| Families with Related Children under 18 | 34.7% (+/- 6.9%) |
| Families with One Worker | 15.5% (+/- 4.2%) |
| Families with Householder Working Full Time/Year-Round | 4.7% (+/- 2.3%) |

Consumer Debt¹⁰ (Feb 2022)

| | County |
|--|--------|
| Percent of People with Auto/Retail Debt | 33.4% |
| Percent of People with Auto Loans | 22.0% |

Debt in Collections¹⁰ (Feb 2022)

| | County |
|---|--------|
| Percent of People with any Debt in Collections | 38.9% |
| Median Amount | \$794 |

Student Loans¹⁰ (Feb 2022)

| | County |
|---|--------|
| Percent of People with Student Loan Debt | 13.3% |
| Median Amount | n/a |

Medical Debt in Collections¹⁰ (Feb 2022)

| | County |
|---|--------|
| Percent of People with Medical Debt in Collections | 18.8% |
| Median Amount | \$300 |

Aging

Total Population¹¹ (2022)

| | County |
|------------|--------|
| Ages 65+ | 2,533 |
| Ages 65-74 | 1,616 |
| Ages 75-84 | 729 |
| Age 85+ | 188 |

Households¹² (2018-2022)

| | County |
|---|------------------|
| Percent of Households with One or more People Ages 65+ | 30.6% (+/- 1.7%) |
| Percent of Households with Householder 65+ Living Alone | 14.5% (+/- 2.8%) |

Poverty and Income^{13 & 8} (2018-2022)

| | County |
|--------------------------------------|------------------------|
| Poverty Rate - Population Ages 65+ | 17.0% (+/- 4.2%) |
| Median Income - Householder Ages 65+ | \$32,050 (+/- \$3,889) |

Population Ages 65+¹¹ (2022)

| | County |
|--|--------|
| Percent of Total Population that is Ages 65+ | 19.0% |
| Percent Female | 55.3% |
| Percent Male | 44.7% |

Population Projection¹⁴ (2035)

| | County |
|---|--------|
| Projected Population Ages 65+ (2035 projection) | 2,830 |

Data Sources

- Food and Nutrition Service, U.S. Department of Agriculture.
<https://www.fns.usda.gov/pd/supplemental-nutrition-assistance-program-snap>
- Map the Meal Gap. Feeding America.
<https://map.feedingamerica.org/>
- 2021 County Business Patterns, U.S. Census Bureau.
[https://data.census.gov/all?q=040XX00US21.21\\$0500000&v=2021&d=FCNSVY%20Business%20Patterns%20County%20Business%20Patterns](https://data.census.gov/all?q=040XX00US21.21$0500000&v=2021&d=FCNSVY%20Business%20Patterns%20County%20Business%20Patterns)
- Kentucky School Report Card. Kentucky Department of Education.
<https://www.kyschoolreportcard.com/home?year=2023>
- County Health Rankings & Roadmaps.
<https://www.countyhealthrankings.org/explore-health-rankings/kentucky?year=2023>
- Small Areas Health Insurance Estimates, U.S. Census Bureau.
<https://www.census.gov/programs-surveys/sahie.html>
- Kentucky Injury Prevention and Research Center. County Profiles. [Data Request].
<https://kiprc.uky.edu/programs/overdose-data-action/county-profiles>
- Table S1903. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.
[https://data.census.gov/table/ACSST5Y2022.S1903?t=Income%20\(Households,%20Families,%20Individuals\)&g=040XX00US21.21\\$0500000](https://data.census.gov/table/ACSST5Y2022.S1903?t=Income%20(Households,%20Families,%20Individuals)&g=040XX00US21.21$0500000)
- Table S1702. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.
[https://data.census.gov/table/ACSST5Y2022.S1702?t=Income%20and%20Poverty&g=040XX00US21.21\\$0500000&v=2022&d=ACS%205-Year%20Estimates%20Subject%20Tables](https://data.census.gov/table/ACSST5Y2022.S1702?t=Income%20and%20Poverty&g=040XX00US21.21$0500000&v=2022&d=ACS%205-Year%20Estimates%20Subject%20Tables)
- Debt in America. Urban Institute.
<https://apps.urban.org/features/debt-interactive-map/?type=overall&variable=totcoll>
- 2022 Population Estimates, U.S. Census Bureau.
<https://www.census.gov/data/tables/time-series/demo/popest/2020s-counties-detail.html>
- Table S1101. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.
[https://data.census.gov/table/ACSST5Y2022.S1101?t=Families%20and%20Household%20Characteristics&g=040XX00US21.21\\$0500000&d=ACS%205-Year%20Estimates%20Subject%20Tables](https://data.census.gov/table/ACSST5Y2022.S1101?t=Families%20and%20Household%20Characteristics&g=040XX00US21.21$0500000&d=ACS%205-Year%20Estimates%20Subject%20Tables)
- Table DP03. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.
[https://data.census.gov/table/ACSDP5Y2022.DP03?g=040XX00US21.21\\$0500000&d=ACS%205-Year%20Estimates%20Data%20Profiles](https://data.census.gov/table/ACSDP5Y2022.DP03?g=040XX00US21.21$0500000&d=ACS%205-Year%20Estimates%20Data%20Profiles)
- Population Projections. Vintage 2022. Kentucky State Data Center.
<http://ksdc.louisville.edu/data-downloads/projections/>

Margins of Error

For counties with small populations and small population groups, the **margins of error** (indicated by a +/- ___) or confidence intervals (indicated by a range) can be quite large.

The margin of error or confidence interval tells us how precise the estimate is by indicating the **range within which the estimate most likely falls**.

For help in understanding the margin of error, see the brief Kentucky: By The Numbers publication

“And Now for the Grain of Salt.”

Additional data are available at:
Kentucky: By The Numbers
(<http://www2.ca.uky.edu/snarl/index.htm>)

